

Hampshire & Isle of Wight Healthcare Foundation Trust

Drop-in Clinics – January 2026

To meet an NHSP representative at the Local Office
(NHSP Office, L1, Tom Rudd Unit, Moorgreen Hospital, West End, Southampton SO30 3JB)
please book using the following link: [HIOWH Appointment Booking Link](#)

To meet an NHSP representative on the Isle of Wight
(Sevenacres, St Marys Hospital, Parkhurst Rd, Newport PO30 5TG)
please book using the following link: [HIOWH Appointment Booking Link](#)

Please note: if you turn up without an appointment you may be turned away.

Please note that drop-ins are under constant review and there may be changes at short-notice.
Please call us on 03330 143676 to confirm the drop-in you wish to attend is still going ahead.

Location	Area	Day	Time
Lymington New Forest Hospital	Reception	Tuesday 6 th January	10:00 – 11:00
Antelope House	Reception	Tuesday 6 th January	13.00 -14.00
Parklands Hospital	Reception	Wednesday 7 th January	10:00 – 12:00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 7 th January	10:30– 11.30
St Mary's Hospital, Portsmouth	Reception	Wednesday 7 th January	11:00 – 12:00
St James Hospital	Reception	Wednesday 7 th January	13:30 – 14:30
Alton Community Hospital	Reception	Wednesday 7 th January	14:30 – 15:30
Western Community Hospital	Keats Ward	Thursday 8 th January	10:00 – 11:00
Gosport War Memorial Hospital	Restaurant	Thursday 8 th January	10.00 -11.00
Emleigh Hospital	Reception	Thursday 8 th January	12.30 -13.30
Lymington New Forest Hospital	Reception	Tuesday 13 th January	10:00 – 11:00
Antelope House	Reception	Tuesday 13 th January	13.00 - 14.00
Tatchbury Mount	Sterne 7 Cafe	Tuesday 13 th January	09:30 – 10:30
Parklands Hospital	Reception	Wednesday 14 th January	10:00 – 12:00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 14 th January	10:30 – 11.30

St Mary's Hospital, Portsmouth	Reception	Wednesday 14 th January	11:00 – 12:00
Harry Sotnick House	Reception	Wednesday 14 th January	13:00 – 14:00
Western Community Hospital	Keats Ward	Thursday 15 th January	10:00 – 11:00
Lymington New Forest Hospital	Reception	Tuesday 20 th January	10:00 – 11:00
Serenity Path Hospital	Reception	Tuesday 20 th January	10:00 – 11:00
Antelope House	Reception	Tuesday 20 th January	13:00 – 14:00
Parklands Hospital	Reception	Wednesday 21 st January	10:00 – 11:00
St Mary's Hospital, Portsmouth	Reception	Wednesday 21 st January	11:00 – 12:00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 21 st January	10:30 – 11.30
St James Hospital	Reception	Wednesday 21 st January	13:30 – 14:30
Western Community Hospital	Keats Ward	Thursday 22 nd January	10:00 – 11:00
Gosport War Memorial Hospital	Restaurant	Thursday 22 nd January	10.00 -11.00
Emleigh Hospital	Reception	Thursday 22 nd January	12.30 -13.30
Lymington New Forest Hospital	Reception	Tuesday 27 th January	10:00 – 11:00
Tatchbury Mount	Sterne 7 Cafe	Tuesday 27 th January	09:30 – 10:30
Antelope House	Reception	Tuesday 27 th January	13:00 – 14:00
Parklands Hospital	Reception	Wednesday 28 th January	10:00 – 12:00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 28 th January	10:30 – 11.30
St Mary's Hospital, Portsmouth	Reception	Wednesday 28 th January	11:00 – 12:00
Harry Sotnick House	Reception	Wednesday 28 th January	13:00 – 14:00
Petersfield Community Hospital	Reception	Thursday 29 th January	10:00 – 11:00
Western Community Hospital	Keats Ward	Thursday 29 th January	10:00 – 11:00

Address Details for Drop-in Clinics

- Alton Community Hospital, Chawton Park Road, Alton, GU34 1RJ
- Antelope House, Brintons Terrace, Southampton, SO14 0YG
- Elmleigh Hospital, 61A New Lane, Havant, PO9 2JJ
- Fordingbridge Hospital, Bartons Rd, Fordingbridge, SP6 1JD
- Gosport War Memorial Hospital, Bury Road, Gosport, PO12 3PW
- Harry Sotnick House, Cranleigh Avenue, Fratton, Portsmouth PO1 5LU
- Lymington New Forest Hospital, Ampress Park, Wellworthy Road, Lymington, SO41 8QD
- Melbury Lodge, Royal Hampshire County Hospital, Romsey Road, Winchester, SO22 5DG
- Parklands Hospital, Aldermaston Road, Basingstoke, RG24 9RH
- Petersfield Community Hospital, Swan Street, Petersfield, GU32 3LB
- Ravenswood House, Knowle, Fareham, PO17 5NA (use PO17 5ND for sat navs)
- Serenity Path Hospital (previously Leigh House), Alresford Road, Winchester, SO21 1HD
- Sevenacres, St Marys Hospital, Parkhurst Rd, Newport, Isle of Wight PO30 5TG
- St James Hospital, Locksway Road, Southsea PO4 8FE
- St Marys Hospital, Milton Road, Portsmouth PO3 6AD
- Tatchbury Mount, Sterne 7 Building, Calmore, Southampton, SO40 2RZ
- Western Community Hospital, William Macleod Way, Southampton, SO16 4XE

Trust Services Partners: Amy Newsome, Callum Johnson, Elaine Spark & Linda Payce

NHSP Local Office Details

Address:

NHSP Office
L1 Tom Rudd Unit
Moorgreen Hospital Botley Road
West End
SO30 3JB

Hours: Monday–Friday, 09:00-17:00

Tel: 03330 143676

Email: hiowh@nhsprofessionals.nhs.uk

Flexible Worker Advisors: Aisha Lawrence & Lisa Maxted

Trust Operations Manager: Victoria Williams